



The celebration of Ramadan

In this task you will be able to:

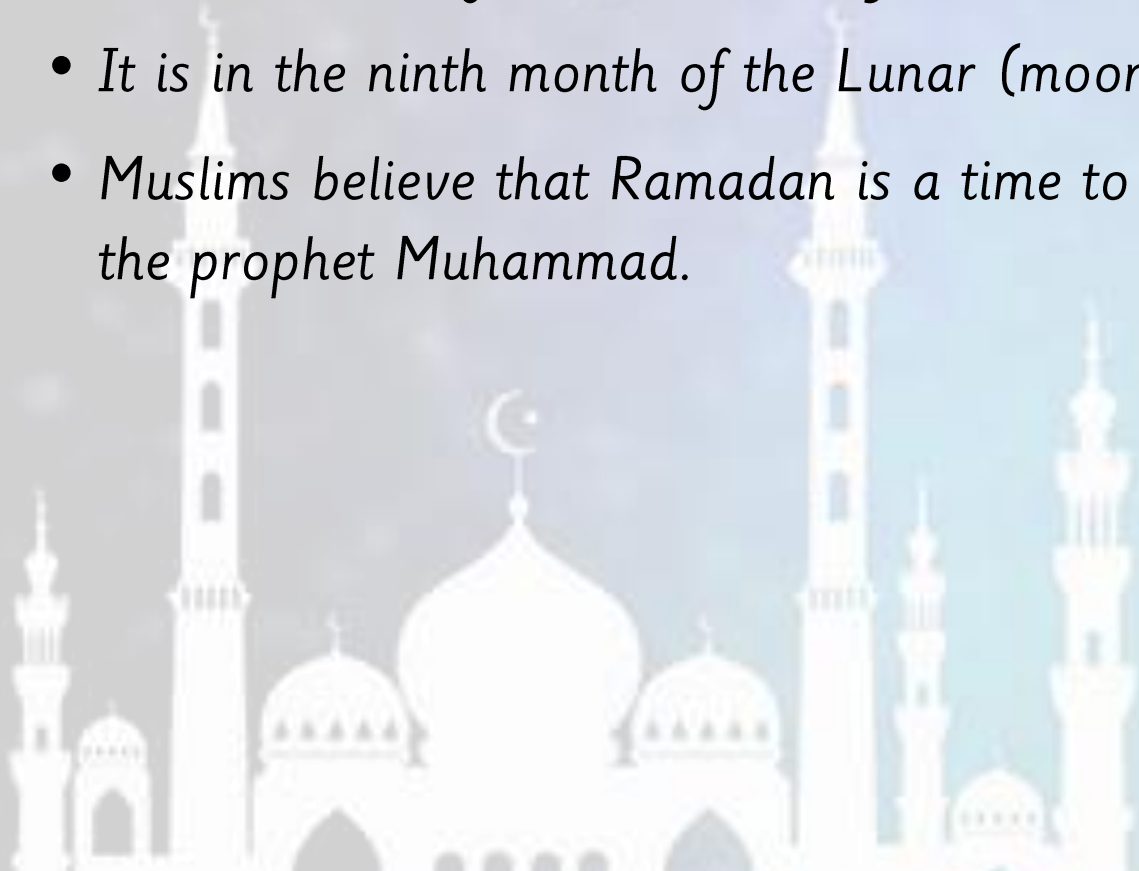
- Understand why Muslims fast for Ramadan*
- Understand what Ramadan is and why it is important in Islam.*

Useful links

<https://www.bbc.co.uk/bitesize/clips/zn6sb9q>

What is Ramadan?

- *Ramadan is a religious festival which is celebrated by Muslims.*
- *It is celebrated for 29 or 30 days.*
- *It is in the ninth month of the Lunar (moon) calendar.*
- *Muslims believe that Ramadan is a time to remember when the Quran was revealed by the prophet Muhammad.*



What do Muslims do during Ramadan?

- They go to the mosque more often (to pray).
- They read the Quran more regularly.
- They try to give up bad habits.
- They give money to charity.
- They fast during daylight hours. This means that they won't eat or drink between sunrise and sunset.



Why do people fast during Ramadan?

- People fast during Ramadan as a way of learning to wait for things (being patient) and to have empathy and understanding for people who do not have as much as themselves. Fasting is difficult and young, old or unwell people do not have to fast.*

What happens at the end of Ramadan?

- At the end of Ramadan, there is a 3-day celebration called Eid al-Fitr. Friends and family usually gather together to pray and share meals and gifts. Food is also given to the poor.*

Questions:

1. How long does Ramadan last for?

2. Name two things that Muslims do during Ramadan.

1. _____

2. _____

3. What is the name of the Muslim holy book?

4. Why do you think food and charity is given to the poor?

5. Do you think fasting would be difficult? Why?
