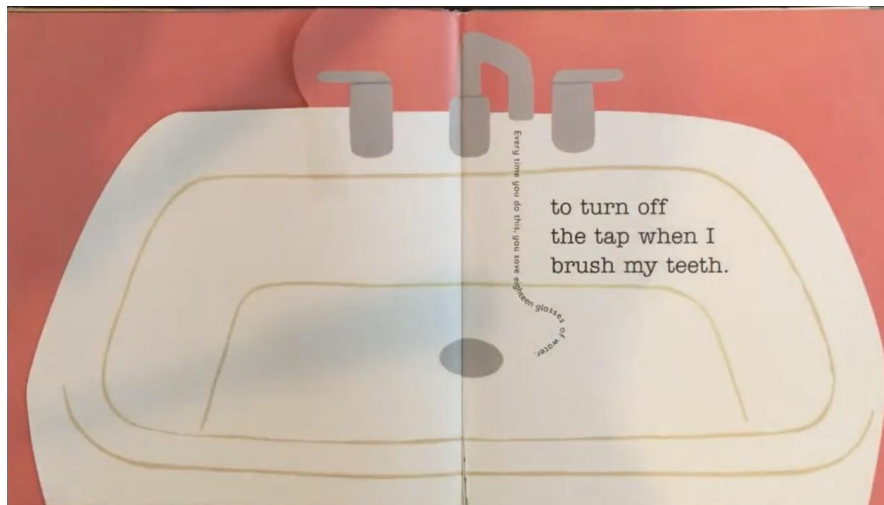


*10 Things I Can Do To Help My World*



*I remember to turn off the light when I leave the room. Turning off lights and using more efficient light bulbs saves valuable energy.*



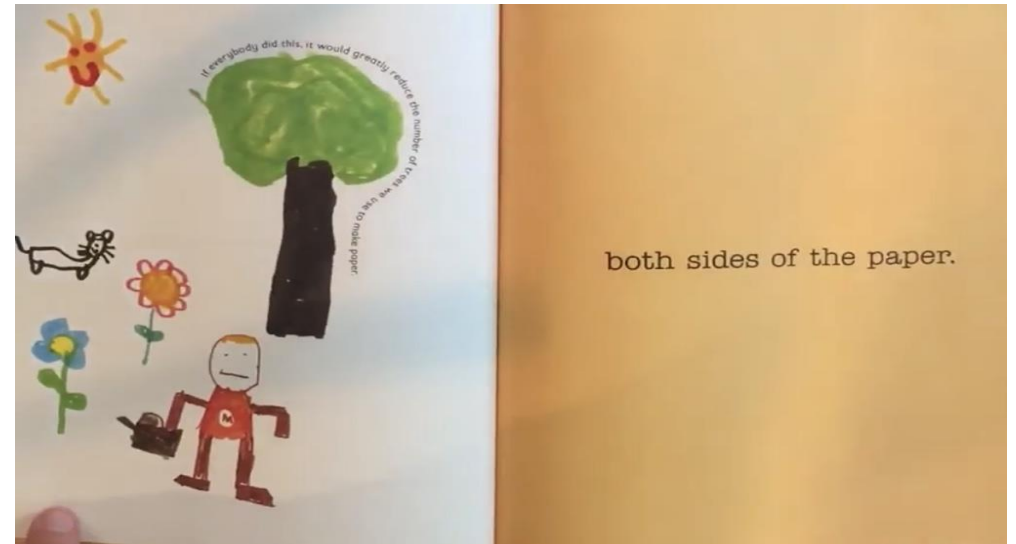
*I try to turn off the tap when I brush my teeth. Every time you do this, you save eighteen glasses of water.*



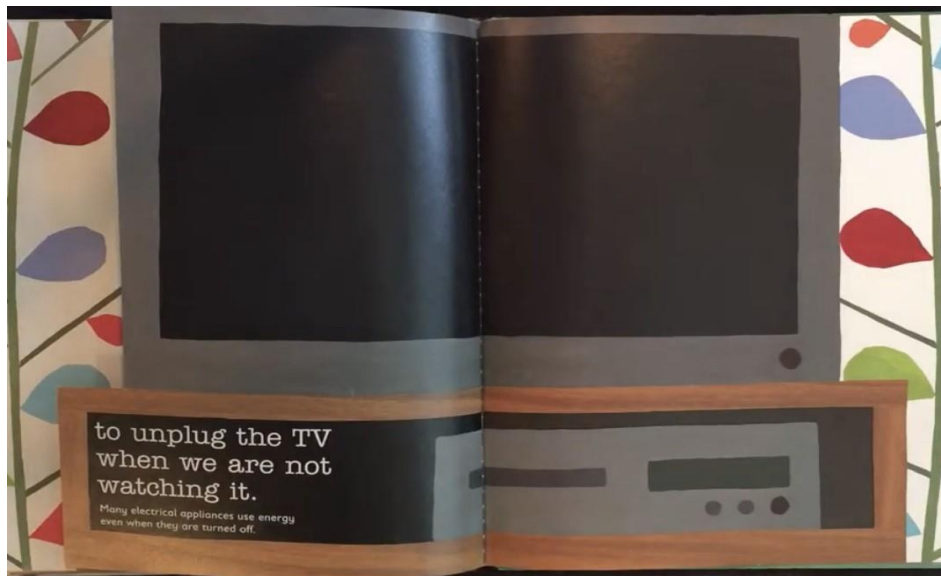
*I always throw my trash away. Putting garbage away keeps the world safe and clean.*



*I will feed the birds in winter. Feeding the birds helps them get ready for nesting in the spring.*



*I use both sides of the paper. If everybody did this, it would greatly reduce the number of trees we use to make paper.*



*I remind my parents to unplug the TV when we are not watching it. Many electrical appliances use energy even when they are turned off.*



*I enjoy making toys from things around the house.*



*I like to walk to school. Avoiding car trips saves gas and cuts down on air pollution. Walking is also good exercise.*



*I can plant seeds and help them grow. Plants help keep the air clean and healthy.*



*I help sort the recycling. More than half our garbage can be recycled. It takes much less energy to recycle something than to replace it with something new.*



*All because...I love my world.*